



# NUNTII GRANICAE

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## THE GRANGE ACADEMY NEWSLETTER

A FORTNIGHTLY PUBLICATION FOR  
PARENTS AND CARERS OF STUDENTS  
AT THE GRANGE ACADEMY



## PRINCIPAL'S WELCOME Dr Philip Hills

It's been a busy and very colourful final fortnight of term, starting with the celebration of the Hindu festival of 'Holi' by the RE department!

It has been wonderful, too, to celebrate the success of our first published poet – Janvi Shah of Year 11.

Our basketballers have continued to enjoy great success: both our Year 7s and Year 10s have crowned a superb season by finishing as Regional Champions. Huge credit, too, to their coaches, Mr Putman and Mr Mack.

I would draw your attention to the uniform update inside – now that we are past the worst of Covid, in the Summer Term, even on PE days, all pupils will wear their standard school uniform, bringing their PE kit in their schoolbag.

As GCSE and A level examinations draw near I know I won't have to remind our Year 11 and 13 students of the importance of making an exam revision timetable and putting in the hours from now on. The holidays are also a good time to get outside, however, and to relax with friends and family and the final page has some nice ideas for local Easter walks and egg hunts!

I wish all of you and your families a very happy Easter.

@thegrangebushey





# A Level PE teach Food Technology

The Year 12 A Level PE class imparted their understanding and knowledge of diet and nutrition to a Year 9 food technology class.

The A level pupils designed a lesson based around why a sports athlete needs to take care of their nutrition. This included a food plan for a day for elite sportsman Cristiano Ronaldo.

The class was split into 3 teams. One group lead on breakfast, another lead on lunch and the final group lead on dinner.

In a master chef setting the Year 12 students instructed the Year 9 students on how to cook the three meals. Each team had an hour. The hour included the cooking, teaching the Year 9s about diet, presenting the food and finally cleaning the kitchen and washing up!

The meals produced were:

Breakfast - Crispy bacon, toast, egg & avocado

Lunch - Chicken Caesar salad with salmon

Dinner - Steak with a peppercorn sauce, mashed potatoes and vegetables



The food was excellent, Mr Putman and Ms Beveridge struggled to pick a winner. The final conclusion though, was that the lunch won. It was seasoned excellently, the knowledge of Year 9 was excellent and the washing up was done very well too!

Well done to all the teams, it was a great collaboration.



## Clubs & Activities

Spring is here, the days are getting longer and the temperatures are more comfortable! Why not make use of the daylight and join one of our new clubs?

We have summer sports clubs including Athletics, Cricket and Tennis and for those of you who prefer to stay indoors we have Futsal (Y7 & Y8), Badminton and Volleyball.

For a full list of clubs and activities see the poster in your Form room or speak to Mr Simmons in room G.48 for more information.



# SPORT ROUNDUP

Sport	Vs	Result	Star of the Match	Scorers
Year 9 Rugby	Festival	5th Place	Tommy	Riley & Ali
Year 7 Basketball	Westfield	Won 30-6	Luis	Points - Nicky 2, Harrison 6, Bryan 6, Luis 2, Zaine 4, Rowan 2, Sophia 2, Jess 4, Tyler 2
Seniors Basketball	Westfield	Lost 28-30	Luke	Points - Kent 1, Dylan H 1, Sam 8, Thiery 8, Nicky 2, Luke 8
Year 7 Table Tennis	Festival	6th place	JJ	
Year 10 Table Tennis	Festival	5th Place	Jaydon	
Year 7 Basketball	Rickmansworth	Won 31-13	Zaine	Points - Zaine 18 points, Tyler 2, Rowan 1, Harrison 2, Nicky 4, Luis 2, Bryan 2
Year 10 Basketball	Croxley Danes	Won 31-29	Mihai	Points - Mihai 12, Paulo 7, Eduardo 6, Dylan 4, Becaye 2

**Year 10 are Champions at District Basketball.**  
**Well done to the team and Mr Mack.**  
**They won 31-29.**  
**MVP - Mihai**



## Year 7 are Champions at District Basketball. They won 31-13. MVP - Zaine

Our Year 7 basketballers won 31-13 against Rickmansworth. We are now top of the league and District Champions.

The players were superb. We knew we were in for a tough game and that we had to win by more than 10 points to put pressure on our opponents for the title.

We started off well and came off 5-5 in the first quarter. The players all wanted to get on the ball and Harrison kept making some great runs. Charlie was always behind the ball if needed. Bryan and Rowan were central throughout. But Tyler was excellent, driving into the basket and then winning rebounds. We called a timeout when we went 2-5 down as we all were waiting for the pass rather than going in to regain the ball. Once we had that chat, we came alive.

In the second quarter we saw the emergence of Zaine, he owned that court. He scored 8 points just in that quarter. We went 13-9 up. Nicky was great getting the ball up the court. Sophia was unbelievable and doing exactly what was asked. Luis and Micah sat back a bit but eventually started moving into space. Micah was injured and Carpenter came on who showed good awareness. He moved into every gap and helped Zaine.

In the third quarter we maintained our dominance. We scored a further five baskets and they got another two. Making the score 23-13. We swapped all our players around to keep us fresh. We just got better and better as the game continued.

The last quarter was a shut out: the opposition didn't score once. We scored another four baskets and the game finished 31-13.



MVP was Zaine scoring 18 points in total. Really well done to everyone involved – a great team effort.

## 'Just Talk'

In Hertfordshire, over 35 teams and organisations work together to develop and share useful tools, training and information to support children and young people's mental health and wellbeing. This ranges from self-help tools to information on how to access support if it's needed.

This is known as the 'Just Talk' programme - named by Hertfordshire young people.

Public Health, Education, NHS, and voluntary sector partners all work together to ensure we develop and share the most useful information possible with young people, parents/carers and professionals. You can find out more about Just Talk on the website: <https://www.justtalkherts.org/just-talk-herts.aspx>





# Covid Update



From 1st April the following advice is being given to students and children by the government.

**Testing** - regular asymptomatic testing is no longer recommended in educational settings. Schools will no longer be able to order or supply test kits. This means that if you want to complete a LFT or PCR test for your child you will need to book, order or pay for this from a pharmacy or local testing centre.

**COVID Positive** - young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can return to school once they no longer have a temperature and they are well enough to attend.

## Uniform Update

With COVID regulations changing, so are some of the practices in place at school.

The main adaptations regarding uniform is that from Tuesday 19th April all students will be expected to wear their **full school uniform when attending The Grange Academy every day of the week**. If they have PE they will be expected to bring their PE kit in their school bag, or separate sports bag and change into this at the start of their PE lesson.

Students arriving to school in their PE Kit will be asked to return home to change or parents will be asked to bring the correct uniform to school. If both of these cannot happen the student will be placed in Internal Exclusion for the day.

Please also be reminded that students are not permitted to bring or wear the following items in school:

- Hoodies
- Cap
- Earphones / Air Pods
- Trainers (unless they have a medical pass)
- Leggings

These items will be confiscated for 2 weeks if worn inside the school building.



## House Competition



With just one term to go until the House Cup is awarded the current status for the House competition is:

**4th Place - Athena 37,071**  
**3rd Place - Zeus 40,545**  
**2nd Place - Hera 40,829**  
**1st Place - Apollo 42,620**

All students have a target of achieving a net score of 300 Achievement Points by May Half Term - if they do this they get access to attend the Rewards Trips on Tuesday 19th July.

Do you know how many achievement points your child currently has? Can they make it to 300 in the next six weeks?





## Published Poet

Huge congratulations to Year 11 student Janvi Shah, whose original poem **What is a choice?** was chosen to be published in **Empowered - Words Unchained**, a publication by Young Writers.

Janvi submitted her poem as part of a competition based on the theme 'Choices' and was chosen to be published out of over 12,000 entries.

We are extremely proud of Janvi and her hard work and we look forward to reading more of her poetry in the future.

Janvi pictured with Dr Hills, after receiving her copy of the book.

## Bushey Manor Junior School

***"What a fabulous presentation and hugely engaging morning for our Year 6 children. Thanks so much to Mr Wride and Mrs Rogers".***

We recently took a walk down the hill with some of our Year 7 students to visit Bushey Manor School.

This was a fantastic opportunity for our Year 7 students to talk to the Year 6 students about the process of transitioning to secondary school. Our Students gave the Year 6's an interesting insight into life at The Grange Academy, talking to them about our vast range of subjects, what a timetable looks like and what other great opportunities we can provide here at The Grange.

We were impressed by the brilliant questions that the Year 6 students asked us. We also felt extremely welcomed by the staff and students and look forward to further developing some really great relationships with them in the future.

Well done to all of our Year 7 students who came to speak to the younger pupils.

***"Yesterday, we were lucky enough to have a visit from some of the staff and Year 7 students from The Grange Academy. It was a great opportunity for our children to learn more about the amazing opportunities that await them at secondary school and to ease some of their worries".***





# Y11 Spring Showcase



Due to the disruption of COVID, many of our Year 11 students have gone through their entire GCSE journey without performing for friends and parents and so we took this opportunity to present a selection of the GCSE Music and Drama performances.

It was brilliant to see students supporting each other, and a delight to have an audience in our Cube Theatre. We can't wait for the performances coming up in the summer term!



## Holi Festival Fun



Check your emails for information on how to book.

# Year 7 Parents Evening

*In*  
**PERSON!**

**MONDAY 25TH APRIL  
3:45PM-6:45PM**



@thegrangebushy





### Happy Easter!

As we head into spring, and better weather, we hope you'll have a chance to relax and recharge over the school holidays and that you enjoyed a productive school term.

We've compiled a few tips from our Chefs to help with some Easter themed snacks and treats:

- 1. Hot Cross Bun Twist** - have you tried swapping your breakfast roll (with sausages, bacon, or eggs) for a hot cross bun? They're amazing, especially with brown sauce!
- 2. Soft Boiled Eggs** - they're really easy to over do! Aim for 4 minutes in boiling water and remember to use room temperature eggs (take them out of the fridge about an hour beforehand).
- 3. Easy Chocolate Nests** - a great recipe for children as you only need a few ingredients: 75g butter, 75g syrup, 300g chocolate, 200g cornflakes, and mini eggs. Melt the first three ingredients, combine with the cornflakes, put them into cupcake cases and decorate with the mini eggs!

Cucina IFG

Stuart has a wealth of experience, having spent over 20 years working in the industry and 5 years working in schools.

He's got exactly the right blend of skills to make sure the food we serve is of the best quality and provides a healthy balanced diet for all ages.

Outside of work, Stuart loves spending time with his family and is an avid paintball fan - he loves swapping his chef's whites for camouflage at the weekends!

If you have any questions for Stuart or would like to talk to Stuart about dietary needs, then please do get in touch.

### Food Waste at Home Tips

- 1. Better Planning** - start off by planning your meals better. This will reduce the amount of food waste you have dramatically! Only cook enough to serve the number of people you intend to feed.
- 2. Check The Date** - make sure you are checking 'sell by' dates on everything you buy. We've all been guilty of blindly shopping before, only to get home and realise we've got two days left to consume.
- 3. Need vs Deal** - buy 1 get 1 free deals can be so tempting. It's easy to get lost in the feeling of victory when you spot a good bargain. Remember - a smart shopper takes advantage of deals, don't let the deals take advantage of you!

Cucina IFG

### AWESOME THEME DAYS COMING UP IN THE SUMMER





# Future Teacher Training - Recruitment Webinars

Please register your interest in attending an event by [completing the form here](#), selecting your preferred date and providing some more information about yourself.

The link to join the webinar will then be emailed to all attendees prior to the date of the event.



FUTURE  
TEACHER  
TRAINING  
LIBERTAS PER CULTUM



## GET INTO TEACHING with Future Teacher Training

Join us at our next webinar to find out how you can start your teaching journey with us.

~~Thursday 24 February 16:00-17:00~~

~~Tuesday 8 March 10:30-11:30~~

~~Thursday 24 March 16:00-17:00~~

Monday 4 April 10:30-11:30

Find out more and register your interest to attend at:  
[scitt.futureacademies.org/about-us/news-and-events](http://scitt.futureacademies.org/about-us/news-and-events)

"Strong collaborative work results in high-quality training, excellent outcomes and outstanding teachers."  
Ofsted, 2017

scitt.futureacademies.org  
info@futuretraining.org  
@futuretraining

## Dates for your diary

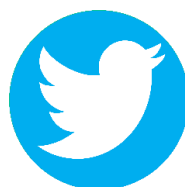
Friday 1 April	End of term
Monday 4 April to Monday 18 April	Easter holidays
Tuesday 19 April	Summer term starts
Thursday 21 April	Year 10 GCSE Information Evening
Monday 25 April	Year 7 parents evening – in person
Monday 2 May	Bank Holiday
16 May onwards	GCSE and A Level exams commence
Wednesday 25 May	Year 8 HPV Vaccinations
Monday 30 May to Friday 3 June	Half Term Holiday
Wednesday 29 June	Music/Drama Summer Spectacular
Thursday 30 June	Year 11 into Year 12 Transition Day
Friday 1 July	Sponsored Walk
Friday 8 July or Friday 15 July	Sports Day (date to be confirmed)
Thursday 14 July	Year 6 into Year 7 Transition Day
Thursday 21 July	End of term



# CONNECT

@thegrangebushey

@GrangeAcademyPE



GRANGEACADEMY

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## Easter Hols Events & Ideas for you and your family to enjoy

### Free Skate Parks

There are some great skate parks that can be used to practise and learn new skills. Whether you are a novice or looking for a new challenge, test out your new skills at one of the six skate parks across the District.

[Skate park locations in Three Rivers  
\(threeiversleisure.co.uk\)](http://threeiversleisure.co.uk)



### HAPPY BAKING

Get the whole family baking with these easy Easter cookies and cake recipes.

<https://www.bbcgoodfood.com/recipes/easter-egg-cookies>

<https://www.bbcgoodfood.com/recipes/collection/easter-cupcake-recipes>

**Great news,  
we are back!!**

**The fun starts on  
4th April - 15th April.**

Bowerbirdy, together with Watford Borough Council are hosting a range of free, fun and challenging indoor and outdoor activities during the Easter for children and young people aged from 5-15.

[Schedule - Bowerbirdy Wats On Watford](#)



### Create your own Easter Hunt

[https://  
www.familiesonline.co.uk/blog/  
the-great-families-easter-egg-  
hunt-at-home](https://www.familiesonline.co.uk/blog/the-great-families-easter-egg-hunt-at-home)



### Easter Arts & Crafts

[https://www.bhg.com/holidays/easter/eggs/quick-  
and-easy-easter-egg-decorations/](https://www.bhg.com/holidays/easter/eggs/quick-and-easy-easter-egg-decorations/)

### Jurassic Encounter

2nd - 18th April  
Cassiobury Park

A must-see family event with an interactive installation of 50 life-sized dinosaurs from the Jurassic. Each dinosaur has robotic movements with realistic roaring sound effects. Making for a truly awesome walk-through experience!

Click on link to book tickets

[Jurassic Encounter  
\(jurassicencounters.uk\)](http://jurassicencounters.uk)

### Leavesden Country Park

The Very Puzzled Monkey  
Puzzle Tree - Storytelling  
and Wildlife

Tuesday 12 April 2022,  
1.30pm-3.30pm  
£10 per family/group- one  
booking per family/group

[Three Rivers District Council Lei-  
sure website  
\(threeiversleisure.co.uk\)](http://threeiversleisure.co.uk)

### Easter Egg Hunts

Click on the following links  
for details of local Easter Egg  
Hunts;

[Aldenham Country Park - Farm  
Hertfordshire](#)

[https://www.inspireall.com/event/  
easter-egg-hunt-hertsmere/2022-  
04-12/](https://www.inspireall.com/event/easter-egg-hunt-hertsmere/2022-04-12/)

[Easter Eggstravaganza  
\(willowsactivityfarm.com\)](http://willowsactivityfarm.com)

For details of **Playschemes** within Three Rivers area, please click on following link;

[Three Rivers District Council Leisure website \(threeiversleisure.co.uk\)](http://threeiversleisure.co.uk)

For details on other local events this Easter, please click as below:  
[https://www.familiesonline.co.uk/local/watford-south-west-hertfordshire/in-the-  
-know/easter-holiday-guide-for-watford-bushey-rickmansworth-and-  
surrounding-areas](https://www.familiesonline.co.uk/local/watford-south-west-hertfordshire/in-the-know/easter-holiday-guide-for-watford-bushey-rickmansworth-and-surrounding-areas)