

## NUNTII GRANICAE

#### ISSUE 16 · MARCH 2022

THE GRANGE ACADEMY NEWSLETTER

A FORTNIGHTLY PUBLICATION FOR PARENTS AND CARERS OF STUDENTS AT THE GRANGE ACADEMY

### **PRINCIPAL'S WELCOME** Dr Philip Hills

This week we have enjoyed some excellent assemblies and activities in the Learning Resource Centre, focused around reading and World Book Day. All pupils have received a voucher, too – do encourage your son or daughter to go to a bookshop and spend it!

As you will recall, we have been using STEPS to promote excellent behaviour and conduct around the school. With Years 7 & 8 we are now introducing SLANT (page 2) to develop pupils' powers of concentration and attentive listening in the classroom; they have taken to it extremely quickly. It would be excellent if you could drop this into a conversation with your son or daughter this weekend. Maybe even try, '3-2-1 SLANT', on them and see what happens!

Our Year 9 netballers put in a highly successful showing at the District Tournament, coming second overall. Not to be outshone, our Senior Basketball team continued their winning streak, using their pace, skill and long-range shooting to overcome a towering Rickmansworth team.

Our Year 8 parents evening went well: thank you for all your positive comments and suggestions. We are looking forward to another busy week ahead with our Year 9 Options Evening on Wednesday and our Welcome Event for Year 6 Joiners on Thursday.

@thegrangebushey  $| \dot{\bigcirc} \rangle$ 

## 'SLANT'- New Initiative for lessons in Years 7 & 8



You are aware we have recently introduced 'STEPS' across the academy to remind students of the expectations of courtesy and respect when speaking with any members of our school community.

Originally, STEPs was piloted to Year 7 and due to its success we have now rolled this out to all students.

STEPS encourages students to think about using key words such as 'Please', 'Thank you' and 'Excuse Me'.



#### The Grange Academy

#### EXPECTATIONS FOR USING SLANT IN CLASSROOMS

SLANT is a key part of showing mutual respect and courtesy. Our body language is polite at all time, our facial expressions are polite at all times.

**Sit up straight:** At The Grange, we sit up straight at all times and never slouch. When you are not writing or reading you 'fold' your hands in front of you to show the teacher you are ready and listening. No Slouching or Heads on tables.

Listen Carefully: People who focus in lessons, learn more. Give your work and your teacher 100% attention. Listen very carefully at all times to what your teachers say. First time, every time.

Ask and Answer Questions: Demonstrate respect, listen carefully, Ask and Answer questions politely and know how to maintain focus.

**Never Interrupt:** People who focus in lessons, learn more. When you listen more carefully you remember more. Focus on what is being said by others and the Teacher. Place your hand up and wait.

Track the Teacher: Your eyes are always on the teacher. You focus on what he or she is doing, you never interrupt, you track the teacher. Why? Because your teachers are experts



## **Pastoral Pancake Challenge**

The Pastoral team set a challenge for students to share and create their 'Pancake Day' creations.

Students have been very imaginative with their work, we have entries ranging from traditional French crepes, to the standard sugar and lemon and even a pancake modelled on the 'Death Star' from the Star Wars films.

Well done to all of the students who participated in this challenge.

We hope you enjoyed eating them as much as we enjoyed looking at them.

"Hi Sir, my ham and cheese crepès made for dinner. They were delicious" **Lewis, Year 7** 

"Hi Sir, this is meant to be a pancake but I ate some of it and I wanted it to be the Death Star during the battle of Endor from Star Wars, because you're a drama teacher I wanted it to look dramatic." **Ronnie, Year 8** 



## **Mr Putman's Half Marathon**

Mr Putman is running the London Landmarks Half Marathon on April 3rd on behalf of Dementia UK. It will be his first ever official running race and it is a charity that is close to his heart.

We wish him all the best for the event. If you would like to support him in raising funds for Dementia UK then you are invited to use the link below. **Good Luck Mr Putman !** 



https://www.justgiving.com/fundraising/mrjputman?utm\_source=Twitter&utm\_medium=fundraising&utm\_content=mrj putman&utm\_campaign=pfp-tweet&utm\_term=37668fe6acb04ce9b452f0542e7ba96a

## **Student Medication Notice**

We appreciate that many students are required to take regular or seasonal medication in order to help them attend school or overcome illness. Our medical policy is clear that we want to support this and we are happy to store student medication safely and ensure that they have access to it. Our First Aid Coordinator Ms Dyer can be contacted at any time regarding medical questions at <u>m.dyer@thegrange.futureacademies.org</u> or on 0208 950 9502 ext 799.

Students are not allowed to carry medication on their person or in their bags - this includes paracetamol. If your child requires medication please complete the form at the end of the newsletter and return it to Ms Dyer at your earliest convenience.

## **Sport Roundup**

Sport	Vs	Result	Star of the Match	Scorers
Year 9 Basketball	St Michaels	Lost 14-22	Akib	Points:- Benny 4, Liam 2, Jake 5, Elliot 2, Ali 2
Year 8 Basketball	Westfield	Won 14-9	Sonny	Points:- Sonny 6, Edin 4, Tilly 2, Jack 2
Senior Basketball	Rickmansworth	Won 36 - 25	Sam	Points:- Sam 11, Thierry 9, Joel 4, Kent 6, Dylan N 4, Luke 2,



## **District Netball**

Congratulations to the Year 9 netball team who came joint second in the District Netball Tournament.

This was a really tough competition and the girls all played really well.

Netball practice is available to all students and continues every Tuesday night after school.

#### **Seniors Basketball**

The seniors won 36-25 up against a very tall team from Rickmansworth school! The boys were excellent in the first half taking a 22-11 lead.

Sam was outstanding throughout the game, Thierry played some great rebounds and scored nine fantastic points. Kent and Luke won the ball and scored when needed. Joel scored some great baskets.

Dylan H was always in space for the ball. Kyan (even with a dodgy knee) made some great long balls and screens. Year 11, represented by Ollie, made so many good runs. Dylan N had his best game. Nicky won so many rebounds, and we welcomed Lucas to his first game.

Alice and Benita were awesome as always with the scoreboard. There will be two further games next week.

## The Grange Academy Brass Band

It was wonderful to see the successful launch of The Grange Academy Brass Band last week with students from Years 7, 8, and 10 getting involved and having their first ever brass lesson.

Even Mrs Johnson has decided to pick up a new instrument and is learning alongside our students!



## The Importance of PSHE (Personal, Social, Health Education)

Our PSHE programme promotes student's personal, social and economic development, as well as their health and wellbeing, and Relationships and Sexual Health education. It aims to give students the skills, knowledge and understanding they need to become confident, informed and responsible citizens who are able to live safe, healthy and fulfilling lives, make informed choices, and contribute positively to society in modern Britain.

Whilst PSHE is taught in discrete sessions each week, it also feeds into assemblies, cross-curricular lessons and other activities, as part of the academy's broad and balanced curriculum. Links are made with the academy's values-'Knowledge, Aspiration, Respect' and to topic-based work/class discussions to provide clear contextual links (e.g. personal responsibility and environmental issues). The following are some of our aims for PSHE at The Grange Academy:

- develop positive self-confidence and self-esteem.
- learn to be responsible and independent members of our school and wider community.
- learn how to keep themselves and others safe, including who to ask for help.
- learn to respect differences and value diversity.
- learn to make informed choices about their health, lifestyle and environment.
- understand, develop and maintain a variety of healthy relationships within social and cultural contexts.
- gain an insight into money management and career opportunities.
- develop a sense of social justice and moral responsibility.
- begin to understand how their own choices and behaviour can affect local, national or global issues.

#### "You get taught important lessons in life that you will need to know for the future" Year 11 "If you don't learn these things your future could be difficult" Year 11 "Apply the knowledge that you have learnt in school"- Year 11

#### Currently these are the Topics that the students are studying:

- Year 7: RSE continuation 'Growing up'
- Year 8: Careers and Aspirations
- Year 9: What is Anger?
- Year 10: Modern Day Slavery
- Year 11: Law, morals, thoughts and feelings

#### PARENTAL INVOLVEMENT

To find out about, and discuss the schools' PSHE programme you can find information on the school website, and written information in our newsletters. Please contact Mr Wride for any further information regarding PSHE and RSHE.

## **Covid Update**

We are pleased that we currently have only a handful of students who have tested positive for Covid. The number of people affected has significantly reduced since half term. Students, parents and staff should be very proud that working together to reduce the possibility of transmission through measures at school and at home has meant that to date we have not found ourselves in an 'outbreak' situation.

Moving forward the rules have changed, please see summary below:

- Students are no longer required to wear masks at school but we recommend that in public areas such as corridors that masks will still offer good protection.
- Students no longer need to test twice a week and the school will no longer provide LFT home testing kits voluntarily. We do still have some spare testing kits and your child can request a pack if required.
- Students are no longer legally required to self-isolate if they test positive for Covid. If they fell ill then it is good practice to isolate for a couple days until they feel better (the same as you would with the flu or any other infectious illness).

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## **Safeguarding and Social Media**

## Did you know that the legal age for students to use What's App in the UK is 16?

With so many functions being added to the app in recent years are you sure that if your child is using the app they are using it safely? Do you check this with them? i.e. most pictures and films go straight onto their camera roll - do you check this to ensure that all messages received are appropriate?

Please see the easy to read guide at the end of the newsletter. It will help you to ensure your child uses the app safely.





## **Charity Update**

So far this year students have raised over  $\pounds$ 2,500 for local and national charities. Our target by the end of the year is to reach  $\pounds$ 10,000!

Our next event will take place on Friday 18th March and will be raising money for Red Nose Day, Herts Young Homeless and another local charity.

The students have planned the following events so far:

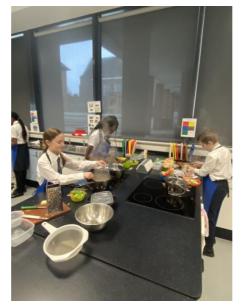
- Non Uniform Day £1 donation if you wear red, £2 donation if you wear a different colour
- Red Bake Sale
- > 12 Hour Non-Stop Football Match



More events are being organised by the Student Voice and House Captains next week.

#### Some fabulous work happening this week in Latin, Food Tech and MFL







## **Future Teacher Training - Recruitment Webinars**

Please register your interest in attending an event by completing the form here, selecting your preferred date and providing some more information about yourself.

The link to join the webinar will then be emailed to all attendees prior to the date of the event.



## **Dates for vour diarv**

w/c 7 March	Y13 mocks	
Wednesday 9 March	Y9 Options Evening	STEPS Everyday, No Excuses.
Thursday 10 March	Y6 Welcome Event	We always use
Wednesday 16 March	Y9 Parents Evening	S Sir/Miss T Thank You
Tuesday 29 March	Y7, 11, 12,13 Year Group photos	E Excuse Me
Monday 4 April to Monday 18 April	Easter holidays	P Please S Smile
Tuesday 19 April	Summer term starts	It's who we are, it's what we do at The Grange Academy

#### Do you qualify for £144 off broadband?

If you're under financial pressure, you could save £144 on your annual broadband bills. Millions of Universal Credit claimants are missing out on the discount because they don't know about it. The offer is available to about 4.2 million UK households - but only 55,000 have signed up so far. Six broadband providers - BT, Community Fibre, G.Network, Hyperoptic, KCOM and Virgin Media O2 – offer deals priced at £10-£20 a month for speeds ranging from 10Mbit/s to 67Mbit/s. Click on this link to Ofcom to find out more (https://www.ofcom.org.uk/news-centre/2022/millions-of-lowincome-families-missing-annual-broadband-saving)

## CONNECT @thegrangebushey @GrangeAcademyPE





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# What Parents & Carers Need to Know about

WhatsApp is the world's most popular messaging service, with around two billion users exchanging texts. photos, videos and documents, as well as making voice and video calls. Its end-to-end encryption means messages can only be viewed by the sender and any recipients: not even WhatsApp can read them. Updates to its privacy policy in 2021 (involving sharing data with parent company Facebook) caused millions to leave the app, but the new policy was widely misinterpreted — it only related to WhatsApp business features, not to personal messages.

WHAT ARE THE RISKS?

#### ...TYPING ....

....

#### SCAMS

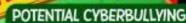
Fraudsters occasionally send WhatsApp messages pretending to other prizes – encouraging the user to click on a link to win. Other common scams involve warning someone that their WhatsApp subscription has run out (aiming to dupe them into disclosing payment details) or impersonating a friend or relative and asking for money to be transferred to

#### DISAPPEARING MESSAGES

Users can set WhatsApp messages to disappear in 24 hours, 7 days or 90 days by default. Photos and videos can also be instructed to disappear after the recipient has viewed them. These files can't be saved or forwarded – so if your child was sent an inappropriate message, it would be difficult to prove any wrongdoing. However, the receiver can take a screenshot and save that as evidence.

ENABLING FAKE NEWS

WhatsApp has unfortunately been linked to accelerating the spread of dangerous rumours. In India in 2018, some outbreaks of mob violence appear to have been sparked by false allegations being shared on the app. WhatsApp itself took steps to prevent its users circulating hazardous theories and speculation in the early weeks of the Covid-19 pandemic.



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Group chat and video calls Group chat and video calls are great for connecting with multiple people in WhatsApp, but there is always the potential for unkind comment or joke. The 'only admins' feature gives the admin(s) of a group control over who can send messages. They can, for example, block people from posting in a chat, which could make a child feel excluded and upset.

#### CONTACT FROM STRANGERS

start a WhatsApp chat, you t to messe ne's device and contacts also use em via WhatsApp

#### LOCATION SHARING

The 'live location' feature lets users share their current whereabouts, allowing friends to see their movements. ple and p describes it as a "sim whats app describes it as a "simple and secure way to let people know where you are." It is a useful method for a young person to let loved ones know they're safe – but if they used it in a chat with people they don't know, they would be exposing their location to them, too.

...TEXT BACK!



EXPLAIN ABOUT BLOCKING

If your child receives spam or offensive messages, calls or files from a contact, they should black them using 'settings' in the chat, Communication from a blacked contact won't show up on their device and stays undelivered Blacking someone does not remove them from your child's contact list - so they also need to be deleted from the address book.



#### CREATE A SAFE PROFILE

LEAVE A GROUP

Meet Our Expert

Even though someone would need a child's phane number to add them as a contact, it's also worth altering a young person's profile settings to restrict who can see their photo and status. The options are 'everyone', 'my contacts' and 'nobody' – choosing ane of the latter two ensures that, your child's profile is better protected.

# THINK ABOUT LOCATION If your child is in a group chat that is making them feel uncomfortable, or has been added to a group that they don't want to be part of, they can use WhatsApp's group settings to leave. If someone exits a group, the admin can add them back in once; if they leave a second time, it is permanent.

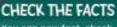
If your child needs to use the 'live location' function to show you or one of their friends where they are, advise them to share their location only for as long as they need to Whatshap gives a range of Tive location options, and your child should manually stop sharing their position as soon as it is no longer needed. 1+

#### DELETE ACCIDENTAL MESSAGES

If your child posts a message they want to delete, WhatsApp allows the want to delete, WhatsApp allows th fuser seven minutes to erase a message. Tap and hold on the message, choose 'delete' and then 'delete for everyone.' However, it's important to remember that recipients may have seen (and taken a screenshot of) a message before it was deleted.

#### REPORT POTENTIAL SCAMS

Young people shouldn't engage with any message that looks suspicious or too good to be true. When your child receives a message from an unknown number for the first time, they'll be given the aption to report it as spam. If the sender claims to be a friend ar relative, call that parson an their usual number to verify it really is them, or if it's someone trying to trick your child.



You can now fact-check WhatsApp messages that have been forwarded at least five times, by double-tapping the magnifying glass icon to the right of the message. From there, your child can launch a Google search and decide for themselves whether the message was true or not e was true or not





www.nationalonlinesafety.com

Parven Kour is a social media expert and digital media consultant who is possionate about improving digital (heracy for parents and children. She has extensive experience in the locial media amino and is the founder of Kds N CTcks, a web

resource that helps parents and children thrive in a digital world.

Canatonlinesafety Users of this guide do so at their own discretion. No Bability is enti-

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#### Parental Agreement for Administering Medication at The Grange Academy

The school/setting will not give your child medicine unless you complete and sign this form, and the school or setting has a policy that the staff can administer medicine.

Name of School	
Name of child	
Date of Birth	
Group/class/form	
Medical condition or illness	

The Grange	Academy		
	50 55	59 58	

Medicine

Name/type of Medication

Expiry date

Dosage and method

Timing

Special precautions/other instructions

Are there any side effects that the school/setting needs to know about?

Self-administration - Yes/No

Procedures to take in an emergency

#### Contact Details

Name

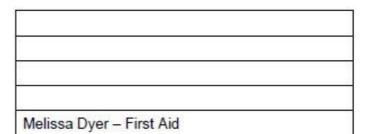
Daytime telephone no.

Relationship to child

Address

I understand that I must deliver the medicine personally to

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7		1
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2		
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The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to school/setting staff administering medicine in accordance with the school/setting policy. I will inform the school/setting immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

Signature(s)

Date

